

The UITN is supported by cooperative agreements from the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) in collaboration with the National Institute of Child Health and Human Development (NICHD)



F347: 6 MONTH FOLLOW-UP PATIENT SURVEY 08/28/06 (A)_rev02/08/07							
SECTION A: GENERAL STUI	DY INFORMATION FOR OFFICE USE ONLY:						
A1. STUDY ID#: LABEL							
A3. DATE FORM DISTRIBUTED:/	A4. STUDY STAFF INITIALS:						
A5. MODE: SELF-ADMINISTERED	A6. WHICH VERSION OF THIS FORM WAS USED? ENGLISH 1 SPANISH						

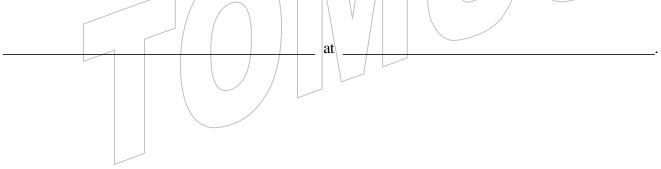
Introduction: This survey contains questions about your satisfaction with the results of your surgery, and measures of your current urinary symptoms, your quality of life, your capabilities to perform routine daily living activities, and sexual activities.

As with all of the information we collect for this research study, all of your responses are completely confidential. Your responses are never linked with your name and your name never appears on any of the research documents. Providing this information will <u>not</u> affect any of your services, benefits, or eligibility for coverage.

This survey should take about 15 minutes to complete. Ideally, you will be able to complete the entire survey in one sitting.

There are five (5) parts to the 6 Month Follow-Up Patient Survey. Please read the instructions at the start of each section carefully before you begin each new section.

Try to answer every item, but do not dwell too long on any one question. We want your answers, so please complete the questionnaire on your own. After you have completed the Survey, please check to make sure you have not missed any items. If you have any questions about any of these items, please call me:



A7. What is the date that you are starting to fill out this Survey?

Section B: Satisfaction with the Results of Surgery

You have had surgery to reduce urinary incontinence (urine leakage) and to lessen the impact of these symptoms on your life. These questions ask you to tell us how satisfied you are with the result(s) of your bladder surgery related to your symptoms, emotions, and participation in physical and social activities. This information will help us to understand your views of your surgical experience.

GENERAL INSTRUCTIONS: Please read the question and symptoms in the first column. Then, work across the page and tell us about how satisfied or dissatisfied you are with the result of your bladder surgery related to that symptom. Circle the one response that **best** describes your level of satisfaction. If you **NEVER** experienced the symptom (neither before nor after surgery), **DO NOT** rate your satisfaction. **Instead**, circle **NA** in the last column labeled "**Not Applicable (NA)**".

This section asks about **symptoms** that you may have experienced **before** and/or **after** surgery.

How satisfied or dissatisfied are you with the result of bladder surgery related to the following symptoms...

		Completely dissatisfied	Mostly dissatisfied	Neutral	Mostly satisfied	Completely satisfied	Not Applicable
B1Urine leakage?		1	2	3	4	5	NA
B2An urgency to urinate such that you fear good bathroom in time?	not making it to the	1	2	3	4	5	NA
B3Frequent urination?		1	2	3	4	5	NA

This next section asks about activities that you may have limited before and/or after surgery because of your bladder problem.

How satisfied or dissatisfied are you with the result of bladder surgery regarding your current capability to perform the following activities...

	Completely dissatisfied	Mostly dissatisfied	Neutral	Mostly satisfied	Completely satisfied	Not Applicable
B4Physical activities (e.g. housework, yardwork, going for a walk, dancing, jogging, golfing)?	1	2	3	4	5	NA
B5Social activities (e.g. visiting friends, vacationing, going to church or temple)?	1	2	3	4	5	NA
B6Sexual activity?	1	2	3	4	5	NA

This next section asks about emotions that you may have experienced before and/or after surgery because of your bladder problem.

How satisfied or dissatisfied are you with the result of bladder surgery regarding...

	Completely dissatisfied	Mostly dissatisfied	Neutral	Mostly satisfied	Completely satisfied	Not Applicable
B7Your emotions (e.g., feelings of embarrassment, helplessness, frustration, and/or depression)?	1	2	3	4	5	NA

Please answer the following questions by circling either 1 (Yes) or 2 (No).

B8. If you could go back in time to when you had your bladder surgery, and knowing what you know now, would you still choose to have the surgery?	Yes 1	No 2
B9. Would you recommend this surgery to a family member or friend?	Yes 1	No 2

Section C: Urinary Symptoms

C1. Circle the one answer that best describes how your urinary tract condition is now, compared with how it was before your incontinence surgery:

Very much better	1			
Much better	2			
A little better	3			
No change	4			
A little worse	5		NITH	
Much worse	6	GE		
Very much worse				
ever About a ce a week or less often	Two or three		Se en mes a d	day All the time
C2. How of 1 0 1		B 3	4	5
	None	A small amount	A moderate amount	A large amount
C3. We would like to be much uring you think leaks. How much uring do you use the whether you wear protection or not?	0	1	2	3

C4. Overall, how much does leaking interfere with your everyday life? Draw a single vertical line at the point on this line from "not at all" to "a great deal" that represents how much leaking interferes with your daily life.

(not	at all)	(a great deal)
C4 Code		

Please tell us when urine leaks. Circle YES for all that apply to you and NO for those that do not.						
	Yes	No				
C5. Never – urine does not leak	Yes	No 2				
C6. Leaks before you can get to the toilet	Yes 1	No 2				
C7. Leaks when you cough or sneeze	Yes	No 2				
C8. Leaks when you are asleep	Yes	No 2				
C9. Leaks when you are physically active/exercising	Yes	No 2				
C10. Leaks when you have finished urinating and are dressed	Yes	No 2				
C11. Leaks for no obvious reason	Yes 1	No 2				
C12. Leaks all the time	Yes 1	No 2				

Section D: Quality of Life, Part II

These questions deal specifically with your accidental urine loss and/or prolapse. The symptoms in this section have been described by women who experience accidental urine loss and/or prolapse. Please indicate which symptoms you are now experiencing, and how bothersome they are for you. Be sure to circle an answer for all items.

GENERAL INSTRUCTIONS: Please read the first column of symptoms and circle "Yes" or "No" for each symptom. Then, for each question marked by a "Yes" answer, work across the page and tell us how bothersome that symptom is for you currently.

Do you currently experience		
	Yes	No
D1frequent urination?	Yes	No 2
D2a strong feeling of urgency to empty your bladder?	Yes	No 2
D3urine leakage related to the feeling of urgency?	Yes	No 2
D4urine leakage related to physical activity, coughing or sneezing?	Yes	No 2
D5general urine leakage not related to urgency or activity?	Yes	No 2
D6small amounts of urine leakage (that is, drops)?	Yes	No 2
D7large amounts of urine leakage?	Yes	No 2
D8nighttime urination?	Yes 1	No 2

Circle the one response below that best describes how bothersome that symptom is for you.					
Not at all bothersome	Slightly bothersome	Moderately bothersome	Greatly bothersome		
0		2	3		
0	1	2	3		
0	1	2	3		
0	1	2	3		
0	1	2	3		
0	1	2	3		
0	1	2	3		
0	1	2	3		

IF YES.

Do you currently experience

	Yes	No
D9bedwetting?	Yes 1	No 2
D10difficulty emptying your bladder?	Yes	No 2
D11a feeling of incomplete bladder emptying?	Yes	No 2
D12lower abdominal pressure?	Yes	No 2
D13pain when urinating?	Yes	No 2
D14pain in the lower abdominal or genital area?	Yes	No 2
D15heaviness or dullness in the pelvic area?	Yes	No 2
D16a feeling of bulging or protrusion in the vaginal area?	Yes	No 2
D17bulging or protrusion you can see in the vaginal area?	Yes	No 2
D18pelvic discomfort when standing or physically exerting yourself?	Yes 1	No 2
D19. Do you have to push on the vagina or perineum to empty	Yes	No
your bladder?	1	2
D20. Do you have to push on the vagina or perineum to have a bowel movement?	Yes 1	No 2

IF YES,

Circle the one response below that best describes how bothersome that symptom is for you.

that symptom is for you.					
Not at all bothersome	Slightly bothersome	Moderately bothersome	Greatly bothersome		
0	1	2	3		
0	1	2	3		
0	1	2	3		
0	1	$\Big)$ $\Big/2$	3		
0	//1	2	3		
0	1	2	3		
0	1	2	3		
0	1	2	3		
0	1	2	3		
0	1	2	3		
0	1	2	3		
0	1	2	3		

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D21. Do you experience any other symptoms related to accidental urine loss or prolapse?	YES 1
	NO 2 → SKIP TO D22
D21a. If yes, what is it (are they)?	
D22. Please go back and review all of the symptoms in Section D above, items D1 – 21, an bothers you the most. For this item, please list one symptom only.	d write below the one symptom that

Some women find that accidental urine loss and/or prolapse may affect their activities, relationships, and feelings. The questions in this section refer to areas in your life which may have been influenced or changed by your problem. For each question in this section, circle the one response that best describes how much your activities, relationships and feelings are being affected by urine leakage and/or prolapse.

To what extent has accidental urine loss and/or prolapse affected your

	Not at all	Slightly	Moderately	Greatly
D23ability to do household chores (cooking, housecleaning, laundry)?	0	1	2	3
D24ability to do usual maintenance or repair work done in home or yard?	0	1	2	3
D25shopping activities?	0	1	2	3
D26hobbies and pastime activities?	0	1	2	3
D27physical recreational activities such as walking, swimming, or other exercise?	0	1	2	3
D28entertainment activities such as going to a movie or concert?	0	1	2	3

To what extent has accidental urine loss and/or prolapse affected your

	Not at all	Slightly	Moderately	Greatly
D29ability to travel by car or bus for distances less than 20 minutes away from home?	0	1	2	3
D30ability to travel by car or bus for distances greater than 20 minutes away from home?	0	1	2	3
D31going to places if you are not sure about available restrooms?	0	1	2	3
D32going on vacation?	0	1	2	3
D33church or temple attendance?	0	1_/	2	3
D34volunteer activities?	0	1	2	3
D35employment (work) outside the home?	0	1	2	3
D36having friends visit you in your home?	0	1	2	3
D37participation in social activities outside your home?	0	1	2	3
D38relationship with friends?	0	1	2	3
D39relationship with family excluding husband/companion?	0	1	2	3
D40ability to have sexual relations?	0	1	2	3
D41the way you dress?	0	1	2	3
D42emotional health?	0	1	2	3

To what extent has accidental urine loss and/or prolapse affected your

	Not at all	Slightly	Moderately	Greatly
D43physical health?	0	1	2	3
D44sleep?	0	1	2	3
D45. How much does fear of odor restrict your activities?	0	1	2	3
D46. How much does fear of embarrassment restrict your activities?	0	1	2	3

In addition, does your problem with accidental urine loss and/or prolapse cause you to experience

	Not at all	Slightly	Moderately	Greatly
D47nervousness or anxiety?	0	1	2	3
D48fear?	0	1	2	3
D49frustration?	0	1	2	3
D50anger?	0	1	2	3
D51depression?	0	1	2	3
D52embarrassment?	0	1	2	3

Over the last 2 weeks, how often have you been bothered by any of the following problems? Please circle the number that indicates how often you have been bothered by each problem.

	Not at all	Several days	More than half the days	Nearly every day
E14. Little interest or pleasure in doing things	0	1	2	3
E15. Feeling down, depressed, or hopeless	0	1	2	3
E16. Trouble falling asleep or staying asleep, or sleeping too much	0	1	2	3
E17. Feeling tired or having little energy	0	1	2	3
E18. Poor appetite or overeating	0	1	2	3
E19. Feeling bad about yourself – or that you are a failure or have let yourself or your family down		1	2	3
E20. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
E21. Moving or speaking so slowly that other people could have noticed. Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
E22. Thoughts that you would be better off dead, or of hurting yourself in some way	0	1	2	3

E23. <u>If you circled 1, 2 or 3 for any of the above problems</u>, how *difficult* have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all	1
Somewhat difficult	2
Very difficult	3
Extremely difficult	4

Section F: Sexual Activities

This section covers material that is sensitive and personal. Specifically, these questions ask about matters related to your sexual activity **in the past 6 months**. For some women, sexual activity is an important part of their lives; but for others it is not. Everyone has different ideas on the subject. To help us understand how your bladder problems might affect your sexual activity, we would like you to answer the following questions from your own personal viewpoint.

There are no right or wrong answers. Remember, your confidentiality is assured. While we hope you are willing to answer all of the questions, if there are questions you would prefer not to answer, you are free to skip them. Please select the most appropriate response to each question by circling the answer you choose. Remember these questions are only relevant to sexual activity **in the past six months**.

- F1. **In the past 6 months**, have you engaged in sexual activities with a partner?
 - Yes 1 → COMPLETE SECTION G BELOW

Section G: FOR WOMEN WHO HAVE ENGAGED IN SEXUAL ACTIVITY WITH A PARTNER IN THE LAST 6 MONTHS

G1. How frequently do you feel sexual desire? This feeling may include wanting to have sex, planning to have sex, feeling frustrated due to lack of sex, etc.

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G2. Do you climax (have an orgasm) when having sexual intercourse with your partner?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G3. Do you feel sexually excited (turned on) when having sexual activity with your partner?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G4. How satisfied are you with the variety of sexual activities in your current sex life?

Always	Usually	Sometimes	Seldom	Never
1	2	3	4	5

G5. Do you feel pain during sexual intercourse?										
		Always	Usually	Sometimes	Seldom	Never				
		1	2	3	4	5				
G6.	6. Are you incontinent of urine (leak urine) with sexual activity?									
		Always	Usually	Sometimes	Seldom	Never				
		1	2	3	4	5				
G7. Does fear of incontinence (either urine or stool) restrict your sexual activity?										
		Always	Usually	Sometimes	Seldom	Never				
		1	2	3	4	5				
G8.	Do you avoid sexual intercourse because of bulging in the vagina (either the bladder, rectum or vagina falling out)?									
		Always	Usually	Sometimes	Seldom	Never				
		1	2/	3	4	5				
G9.	When you have sex with your partner, do you have negative emotional reactions such as fear, disgust, shame or gu									
		Always	Usually	Sometimes	Seldom	Never				
		1	2	3	4	5				
G10.	0. Does your partner have a problem with <u>erections</u> that affects your sexual activity?									
		Always	Usually	Sometimes	Seldom	Never				
		1	2	3	4	5				
G11.	. Does your partner have a problem with <u>premature ejaculation</u> that affects your sexual activity?									
		Always	Usually	Sometimes	Seldom	Never				
		1	2	3	4	5				
G12.	2. Compared to orgasms you have had in the past, how intense are the orgasms you have had in the past 6 months?									
		Much	Less	Same	More	Much				
		less intense	intense	intensity	intense	more intense				
		1	2	3	4	5				

YOU ARE DONE WITH THIS QUESTIONNAIRE. THANK YOU.

Section H: FOR WOMEN WHO REPORT NO SEXUAL ACTIVITY WITH A PARTNER IN THE LAST 6 MONTHS

H1.	Do you have a partner at this time?									
	Yes 1									
	No 2									
H2.	How frequently do you feel sexual desire? This feeling may include wanting to have sex, feeling frustrated due to lack of sex, etc.									
	Always	Usually 2	Sometimes	Seldom 4	Never					
H3.	How satisfied are you with the variety of sexual activities in your current sex life?									
	Always	Usually	Sometimes 3	Seldom 4	Never 5					
H4.	Does fear of pain during sexual intercourse restrict your activity?									
	Always	Usually	Sometimes	Seldom	Never					
	1	2	3	4	5					
H5.	Does fear of incontinence (either stool or urine) during sexual intercourse restrict your sexual activity?									
	Always	Usually	Sometimes	Seldom	Never					
	1	2	3	4	5					
Н6.	Do you avoid sexual intercourse because of bulging in the vagina (either the bladder, rectum or vagina falling out)?									
	Always	Usually ²	Sometimes 3	Seldom 4	Never 5					

YOU ARE DONE WITH THIS QUESTIONNAIRE. THANK YOU.